

Club Code of Conduct

Westcroft Triathlon Club Rules

These rules may be amended from time to time at the discretion of the committee. Serious disregard or breaches of these rules reported to the committee may result in the offending member being expelled from the club. The Club's disciplinary procedure will be applied.

GENERAL:

- Members agree not to bring the Club into disrepute
- Members agree to uphold the Club's Code of Conduct
- Members must abide by the rules and articles of British Triathlon and Tri England.
- Members using social media associated with the club must avoid using offensive language (including swearing), personal attacks, and repetitive arguments.

TRAINING (CLUB ORGANISED ACTIVITIES):

- Coaches must be shown and given respect at all times.

SWIMMING

- The rules of the lake or pool must be adhered to at all times
- Members must not enter water until they have signed-in (where appropriate) for all open water swim sessions
- Members must make themselves aware of all specific dangers relating to open water swimming
- Members must take their own appropriate safety precautions, and ensure reasonable safety cover is in place
- Members must not swim in prohibited areas.

CYCLING

- Helmets must be worn
- Cyclists must obey the Highway Code
- Cyclists must be courteous to other road users.
- It is the responsibility of all cyclists on Club Rides to ensure the lead rider has details of emergency contacts in case of emergency.

RUNNING

- Members must have due regard for pedestrians and other legitimate users of foot paths, roads and bridleways and any other users of the land.

COMPETITION

- Members must obey all rules relating to the event they are competing in and compete in a sportsman-like manner.

MEMBER CODE OF CONDUCT

Westcroft Triathlon Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with our Coaches or escalated to the Club Welfare Officer.

As a member of Westcroft Triathlon Club you are expected to abide by the following member's Code of Conduct:

- All members must train and compete within the rules and respect officials and their decisions

Club Code of Conduct

- All members must respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion
- Offer support, encouragement, and a welcoming atmosphere to other club members
- Members must pay any fees for training or events promptly
- Members should not take banned substances or use illegal equipment
- Members and their supporters are not allowed to consume non medication drugs of any kind at club venues or whilst representing the club and shall not consume alcohol to excess where the club may be implicated or embarrassed.
- Report any medical conditions, injuries or incidents whether at training or during events to the Committee via the Secretary.
- Report any grievances or complaints to a member of the Committee.
- Be encouraged to join the BTF and receive the personal insurance cover which BTF membership includes.

JUNIOR MEMBER CODE OF CONDUCT

Westcroft Triathlon Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect, encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Sonia Marx, Club Welfare Officer

As a member of Westcroft Triathlon Club you are expected to abide by the following junior club rules:

- All members must compete within the rules and respect officials and their decisions.
 - All members must respect fellow competitors, coaches and officials.
 - Members should keep to agreed timings for training and events or inform their coach or team manager if they are going to be late.
 - Members must wear suitable kit – for training and events, as agreed with the coach/ team manager.
 - Members must pay any fees for training or events promptly.
 - Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
 - Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.
- Any discriminatory, offensive and violent behaviour is unacceptable and complaints will be acted upon in accordance with our Safeguarding and Protecting Children Policy.

CODE OF CONDUCT FOR PARENTS AND CARERS

British Triathlon is committed to maintaining the highest possible standards of behaviour and conduct at all Triathlon, duathlon and related multi-sport events. The British Triathlon 'Code of Conduct for parents and carers' summarises the essence of good ethical conduct and practice within Triathlon. This applies not only to parents, but also to guardians, carer's, families and spectators alike. All such individuals have a responsibility to act with integrity, in accordance with the standards set by British Triathlon below. Any discriminatory, offensive and violent behaviour is unacceptable and complaints will be acted upon under the procedures of our Safeguarding and protecting Children Policy.

Code of Conduct

- Respect the rights, dignity and worth of every person, within the context of the Triathlon.
- Treat everyone equally and sensitively, and do not discriminate on the grounds of age, gender, ethnic origin, religion, sexual orientation or disability.
- Encourage your child to learn the British Triathlon rules and compete within them.

Club Code of Conduct

- Publicly accept officials' judgements and abide by their instructions, providing they do not contradict the spirit of this code.
- Teach your child to respect the event officials.
- Help your child to recognise good performance, not just results to avoid undue disappointment.
- Never punish or belittle a child for losing or making mistakes.
- Support your child's involvement and help them to enjoy their sport.
- Remember that the aim of Triathlon is for the children to have fun, improve and feel good.
- Set a good example by applauding all good performance, whether by your child or by another.
- Use correct and proper language at all times.
- Remember that young people learn best by example.
- Recognise the value and importance of volunteers, coaches, referee's and event organisers – it is their time and dedication that keeps the sport alive.
- Young people are involved in organised sport for their enjoyment – not yours, so do not force your child to take part.

CODE OF CONDUCT FOR CLUB/ EVENT OFFICIALS AND VOLUNTEERS

The essence of good ethical conduct and practice is summarised below. All British Triathlon

Club Officials and Volunteers must:

- Respect the rights, dignity and worth of all athletes, officials and volunteers at all times.
- Treat everyone equally regardless of age, sex, ethnic origin, religion, political persuasion, sexual orientation or physical disability.
- Consider the wellbeing and safety of participants before the development of performance.
- Develop an appropriate working relationship with performers, based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part.
- Promote the positive aspects of the sport (e.g. fair play).
- Display consistently high standards of behaviour and appearance.
- Follow all guidelines laid down by British Triathlon and the Race Organiser or Triathlon Club.
- Hold the appropriate, valid qualifications and insurance cover.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Never condone rule violations, rough play or the use of prohibitive substances.
- Encourage performers to value their performances and not just results.

I have read and understood the British Triathlon Code of Conduct for Club/Event Officials

and Volunteers and hereby consent to abide by it. I also understand that any discriminatory,

offensive and violent behaviour is unacceptable and complaints will be acted upon in accordance with our Safeguarding and Protecting Children Policy.